

Shi Tsz Ho, Carson 4B (19), Writing 1

Mr. Yip asks you to design a notice for Parent-child Sports Day. Use the information on P.2 and design the notice.

Parent-child Sports Day



★ Date: 26th September, 2024 ✓

★ Time: 2:30 p.m. - 6:00 p.m. ✓

★ Venue: School playground ✓

Long jump You can jump as far as you can. ✓

Hopscotch You can jump on squares with numbers. ✓

★ Red light green light You can go when the light is green and you must stop when the light is red. ✓

Remarks:

Bring some snacks. ✓

Bring student ID card. ✓

Wear casual clothes. ✓

4B Shi Tsz Ho Carson (Writing 2)

Recipient: Miss Feng

Sender: Carson

Subject: Hello

Hello Miss Feng,

How are you? Nice to meet you. I don't have any pets at home.

I am in Class 4B. I am eight years old. My birthday is in October. I live in Shek Kip Mei.

I am 135cm tall. I am 27.8kg. I have small eyes and straight hair. I like going cycling on the bike path at weekends. Playing football is a healthy outdoor activity. I always play football with my friends on Saturdays. How about you?

My best friend is Kaleb. He is 137cm tall. He is 25.4kg. He has small eyes. He likes going swimming in the swimming pool on Saturdays. Going swimming is an exciting indoor and outdoor activity. He often plays the piano and surfs the Net at weekends.

I am lighter than Roux. Wendy is taller than me. Biley is the tallest and Pinky is the shortest in our class. Miss Lo's hair is the longest and Mak's hair is the shortest in our class.

I look forward to hearing from you soon.

Carson

A shopping experience

Last Sunday, Mum and Amy went shopping in a supermarket. Mum said, 'We need to buy some food for lunch.' Amy said, 'Sure. Let me put them in the trolley.' Mum said, 'Don't buy too much.'

Next, Amy wanted to buy a packet of potato chips. Amy said, 'May I buy a packet of potato chips?' Mum said, 'No! We don't buy this because it is not healthy.' Amy was hungry.

Then, Mum walked away so Amy took out ten dollars. Amy bought a packet of potato chips. Mum was at the checkout. She wanted to give a surprise to Amy so she bought a packet of potato chips.

In the end, Mum took out one hundred dollars. Mum saw Amy eating the potato chips. Mum yelled at Amy. Amy cried.

Old Hong Kong and Hong Kong Today

Life in Hong Kong was very different 60 years ago. Life in Hong Kong is more convenient in different aspects.

60 years ago, there were markets. Everybody bought food in the markets. The food was bad. Nowadays, everybody goes to the supermarkets and shopping centres to buy things. The things are more expensive.

60 years ago, people played hopscotch and hide-and-seek. These games were popular in the past. Nowadays, most people play electronic games. The games are exciting and funny but they are bad for our eyes.

60 years ago, nobody had electronic products. Some people listened to the radio to get the information. Nowadays, everybody has smartphones and iPads. They can chat on the internet.

Life is more convenient and fun now. What do you think?

When I was little

Dear Frank,

Hello! I am excited to get your letter. When I was three years old, I couldn't get dressed. Mum helped me. She also combed my hair because I couldn't comb my hair by myself.

When I was four years old, I could tie my shoelaces by myself because my dad taught me all day.

Now, I am ten years old. I can wash my shoes but I can't go to school by myself because the school is a bit far from my home. I can only cook instant noodles too.

I am looking forward to your letter.

Love,

Jenny

4B Wong Ka Yuet, Kaleb (Writing 6)

On the first day, we will go to Hong Kong Wetland Park. We will go there by MTR. We will watch the birds and ducks. We will also look at the crocodiles. We will eat macaroni with cheese for lunch because Steve likes cheese.

On the second day, we will go to Wan Chai. We will go there by ferry. We will visit Hong Kong Convention and Exhibition Center. We will eat the famous barbecued pork rice for lunch in Chai Wan. We can also take the tram for sightseeing.

On the third day, we will go to Ocean Park. We will go there by MTR. We will look at the pandas and penguins. We will also go on the rides because it is exciting. We will eat Chinese food at Neptune's Restaurant in Ocean Park. The view is marvelous and also it is the largest aquarium restaurant in Hong Kong.

The direction

My class is having a treasure hunt at school. I will tell my classmates the directions to the treasure.

First, go out of 4B classroom. Turn right and go straight ahead to staircase NO.3. Go downstairs to the second floor.

Then, go straight ahead and turn left into 3A classroom. The 3A classroom is on your left.

Inside 3A classroom, you will find your treasure. It's next to 3B classroom.

Frank learned a lesson

Frank had a sweet tooth. He yelled, 'OWW!' Mum asked, 'Frank, what happened to you?' Frank replied, 'I felt a sharp pain in my mouth.'

After that, Mum took Frank to a dental clinic. The dentist checked his teeth and said, 'Oh! You have a bad tooth in your mouth. I need to pull it out.' Frank felt scared.

After pulling it out, Frank saw a health poster about teeth healthy. The dentist told Frank, 'You should brush your teeth properly and eat fewer sweets daily.'

In the end, Frank learned his lesson from this toothache experience. He realized the importance of teeth health. He promised to eat less sugary food and fried food.

Healthy Eating Advice for Kaleb

Kaleb has an unhealthy eating habit. He likes sugary food. He always eats a lot of sweets. For grain products, he eats a little rice. He drinks a little water. He likes drinking soft drinks like cola.

He needs to eat more rice because it gives him energy. He needs to eat fewer sweets because they are bad for his teeth and make him fat.

He needs to drink more water because it is important to drink 6 to 8 glasses of water. He needs to drink fewer soft drinks because too many soft drinks are bad for him.